



Weekend Schedule of Events

Friday, Oct 21	Event	Location
7:00 A – 6:00 P	CAF Concierge Desk Open	Bahia - Shell Room
10:00 A – 12:00 P	Clinic – Open Water Swim	Bonita Cove Beach
12:00 P – 3:00 P	Clinic – Blind Soccer	Bonita Cove Park
1:00 P (Approx)	Million Dollar Challenge Ride In	La Jolla Shores
2:00 P – 5:00 P	Clinic – Wheelchair Tennis & Pickleball	Bahia Resort
6:30 P – 8:30 P	Celebration of Abilities Awards Presentation	Bahia Resort Ballroom

Saturday, Oct 22	Event	Location
7:00 A – 6:00 P	CAF Concierge Desk Open	Bahia - Shell Room
9:00 A – 12:00 P	Clinic – Össur & CAF Running and Mobility	Bonita Cove Park
9:00 A – 3:00 P	Clinic – Adaptive Surf (2 Sessions at 9-12 & 1-3)	Mission Beach Park
11:00 A – 3:00 P	Registration & Packet Pickup	Bahia Resort
2:00 P – 4:00 P	Clinic – Wheelchair Basketball	TBA
4:00 P – 6:00 P	Clinic – Goalball	TBA

Sunday, Oct 23	Event	Location
5:00 A – 4:00 P	CAF Concierge Desk Open	Bahia - Shell Room
6:00 A – 2:00 P	Hospitality Tent Open	
6:00 A – 2:00 P	Toyota Athlete Lounge Open	
6:00 A – 8:00 A	Athlete Breakfast	Toyota Athlete Lounge
6:00 A – 6:45 A	Athlete Check in & Body Marking	
7:00 A – 7:40 A	Parade of Athletes	
7:40 A	National Anthem performed by Samuel Nehemiah	
8:00 A	SDTC presented by Dan + Geof Swim Start	
8:15 A	SDTC presented by Dan + Geof Bike Start – Relay, Handcycles, MDC Cyclists	
8:30 A – 2:00 P	Nike Sport Court, CAF Village, CAF Store, Silent Auction, Family Fun Zone Open	
8:45 A	SDTC presented by Dan + Geof Run Start – Wheelchairs & 10-mile relay	
9:00 A – 1:30 P	Tour de Cove presented by EōS Fitness Start	
9:00 A – 9:15 A	Kids Pre-run Stretch	
9:30 A	Challenged Athletes Kids Run presented by Philadelphia Insurance	
11:00 A – 12:30 P	Yoga by the Bay presented by EōS Fitness	
11:15 A	5K Walk Start	
2:00 P	Thanks to CAF Ceremony	
4:00 P	Course Officially Closes	