

## Self-Paced Course Catalog

### Overview

Hanger Clinic University self-paced courses offer high quality clinical education for our healthcare partners who are paramount to the success of our patients. Self-paced courses cover a variety of topics and disciplines and vary in level and length. Some courses may be accredited to provide continuing education credit through a variety of accrediting bodies and provider programs throughout the country for our therapy and other partners where applicable. See the course details below for more information on each specific course.

### Continuing Education Requirements

**Self-Paced Courses:** All attendees are required to complete the entire course through our learning management system. Registration and course enrollment are completed online prior to the start of the course. Completion of learning modules, knowledge checks, and assessments (if required) are tracked by the learning management system. Course evaluations and completion certificates are available online after course completion, including assessments (if required).

**Special Requests:** Hanger Clinic strives to make our learning environments fully accessible and wants to provide our guests with an opportunity to identify special needs in advance of the course. Please [contact us](#) with questions or concerns.

### Contact

More information or additional support, visit the [Hanger Clinic Continuing Education Webpage](#) or [contact us](#).

### Course Details

#### **AmpuShield® 101: RRD Device Training for Optimal Utilization and Outcomes**

**Course Summary:** This online course provides health care professionals and hospital staff an overview and basic training for the optimal utilization of the AmpuShield® Removable Rigid Dressing (RRD) for patients with transtibial amputations, covering the benefits of its use, the process for donning, doffing, and maintaining, and research noting the benefits of RRDs.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** Non-CE

**Course Accreditation Status Documents:** Not Applicable - Non-CE

**Syllabus:** <https://app.box.com/s/jo1z9pvvy1ei0875tlatlk5rj4gcvhvhy>

**References:** <https://app.box.com/s/acl9wtkerg0eitq44pba2fs6cegxu6p3>

#### **Comprehensive Care of Plagiocephaly, Torticollis, and Early Childhood Development**

**Course Summary:** Understanding plagiocephaly, torticollis, and early childhood development is essential for physical and occupational therapists working with infants and young children. Early identification and intervention can significantly impact a child's long-term motor development, posture, and overall well-being. Without proper assessment and treatment, these conditions can lead to asymmetries, delayed milestones, and

challenges in later development. By deepening their knowledge of head shape assessment, motor milestone progression, and the role of helmet therapy, physical and occupational therapists can play a crucial role in guiding families toward the best care decisions and improving patient outcomes. Participants will explore head shape assessment techniques, motor milestone evaluation, and clinical decision-making for helmet therapy. Through evidence-based strategies, case studies, and hands-on guidance, therapists will gain the skills needed to identify, assess, and treat these conditions effectively. The course also emphasizes interdisciplinary collaboration and parent education to ensure comprehensive care and optimal outcomes for young patients.

**Education Level:** Intermediate

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, O&P Clinicians, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/suist3wzz249o0752e826dvw6zac6yot>

**Syllabus:** <https://app.box.com/s/ct6aam3kt1ufwe8i4bae3tyeb77s68kx>

**References:** <https://app.box.com/s/rdy9k4hsbm1wst2dyw3plol0ukplhyfz>

### **Cranial Asymmetry: The Pathways to Care & Early Intervention**

**Course Summary:** There are several known risk factors that contribute to the incidence of congenital muscular torticollis (CMT) and deformational cranial asymmetry and disproportion, including but not limited to, nonvertex positioning and multiples birth. An interdisciplinary team approach is necessary to ensure proper screening for these diagnoses and intervene as necessary. This one-hour session is designed to deepen your understanding of CMT and positional cranial deformations following evidence-based care pathways.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/8t15ayjr0fx3d5odflcarfo5pj4q3km6>

**Syllabus:** <https://app.box.com/s/vch1ewzucerzidcrfevc2xbmppq3lfpw>

**References:** <https://app.box.com/s/4tdpw4vo7gvd56ieu7k5nb1881t0sdrp>

### **Cranial Remolding Orthoses: The Research That is Shaping the Future for Our Littlest Patients**

**Course Summary:** Research translation and dissemination is key to helping support our decision-making process in healthcare, especially when it includes our youngest patient population. Based on published evidence, clinical practice guidelines help clarify considerations related to the diagnosis, severity, initiation of care, and general patient management principles. This session will provide you with an overview of the current research as it relates to the treatment of cranial asymmetry and other head abnormalities, the impact it has on patient care, and how other specialists in this field are leveraging research to make evidence-based clinical decisions about the care they provide.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/p42o01wcb1ch1jjmul1dxw7f87eyreiz>

**Syllabus:** <https://app.box.com/s/hsceqv5a5kmln0swk3i58ug28y4vo1wm>

**References:** <https://app.box.com/s/sdkfixfh95u7bfrqv1imrcbn0mhaml>

### **Outcomes Measures in Lower Limb Prosthetics: Empowering through Mobility**

**Course Summary:** By utilizing validated mobility outcomes for lower limb prosthetic patients, health care teams can empower patients to understand and participate in their own care leading to higher satisfaction. This one hour introductory level course designed for PT/PTA's, OT/OTAs, Nurses and Case Managers teaches on new methodology on collecting outcomes, utilizing the Prosthetic Limb Users Survey of Mobility (PLUS-M) self-reporting instrument. This course ensures the learner understands patient and output research trends, and more specifically, how health care teams can collaborate with physicians and patients alike to improve patient care. The course includes lecture and sample patient case studies to review best practices as a team, and an example of how a large prosthetic care company is using outcomes in everyday care.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/7fmlgm0s40kgktu4tkd81ic3q33qihym>

**Syllabus:** <https://app.box.com/s/r863xcrruxr5txsbt0hykn1n89k4jmai>

**References:** <https://app.box.com/s/0rukbc33rk4hiqep7q4s41otmqrryxf>

### **Restoring Mobility and Building a Patient-Focused Future Using Big Data**

**Course Summary:** The prevalence of lower limb amputations in the United States continues to rise with a projected population of 3.6 million amputees by 2050, up from 1.6 million in 2005. Accompanying the rise in patients is a shift in healthcare policies that place increased emphasis on patient-centered outcomes as they relate to prosthetic mobility. While prosthetic rehabilitation has traditionally focused on restoring functional mobility, there is now a need to go beyond that and better understand the impact of improved mobility holistically. The MAAT studies seek to delve into that impact and clarify the concept of prosthetic mobility as it relates to such considerations as satisfaction, quality of life, comorbid health conditions, and prosthetic component choices. Join us as Clinical Education Specialist, Erin O'Brien, CPO, FAAOP, discusses how these studies relate to and can provide insight for therapists who support limb loss patients around the country.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/c8fzq4ytgzqqxn34g8qbt6vopyyipyqe>

**Syllabus:** <https://app.box.com/s/sh00t2daipum14ha1u5ihewotkvjgs0a>

**References:** <https://app.box.com/s/ylpimmo0jfisvxfvkrrx7qd4ogfz8f48>

### **The IMPACT Study**

**Course Summary:** This non-CE course covers the IMPACT study, which suggests that delaying or not providing a prosthesis increases direct healthcare costs by approximately 25 percent over the initial 12 months post-amputation. Early post-amputation rehabilitation is critical for patient health, maintaining independence, and returning to activities of daily living. A new study now reveals that furthermore, earlier receipt of a prosthesis is associated with reduced direct healthcare costs and economic burden. The IMPACT study suggests that delaying or not providing a prosthesis increases direct healthcare costs by approximately 25 percent over the initial 12 months post-amputation. Watch as Michelle Denning, Jim Weber, and Dr. Shane Wurdeman discuss the IMPACT study, how it relates to the Triple Aim of Healthcare, and its impact on patient care.

**Education Level:** Introductory

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** Non-CE

**Course Accreditation Status Documents:** Not Applicable - Non-CE

**Syllabus:** <https://app.box.com/s/ecsqq162mov65qqdepo477eieomennv2>

**References:** <https://app.box.com/s/t34uuenzptcetdipe3lly4cbd1zhpsc2>

### **The Pathway to Well-Being Following Upper Limb Amputation**

**Course Summary:** Drawing upon recently published evidence from the Hanger Institute and representative case studies, this session will discuss strategies for thoughtful prosthetic design and rehabilitation techniques that address the restoration of meaningful bimanual function and well-being through individualized approaches to each patient's care journey.

**Education Level:** Intermediate

**Target Audience:** Physical and Occupational Therapists, Nurses, Case Managers, and others who provide care for this patient population

**CE:** 1.0 Contact Hours

**Course Accreditation Status Documents:** <https://app.box.com/s/kzkphbodw9foww035p5tffcrq7i3kx25>

**Syllabus:** <https://app.box.com/s/8jn6ef34rfardamtqifdyhsl6w2opeqi>

**References:** <https://app.box.com/s/571bhd9rtl8dfs6gi4lmrkv0bazcshcx>