

AmpuShield® Limb Protector Wear & Care Guide



After amputation surgery, it is very important to protect your residual limb and to prevent falls. Falls can cause your sutures (stitches) to reopen, which delays the healing process. Your AmpuShield® limb protector will help you avoid injuries and manage swelling during your post-operative recovery, and ultimately prepare you for a prosthesis.

HOW TO WEAR YOUR AMPUSHIELD

Your doctor, nurse, prosthetist, or therapist will provide you with specific instructions, but below are some general guidelines:

1. Before putting on the protector, always apply at least one sock and _____.
2. Center the protector on your limb and secure the straps without over-tightening. Do not adjust the protector except as instructed.
3. Keep the protector on: Full time _____ hours per day
4. Take 3 rest breaks daily. While seated or in bed, remove the protector, check for excessive drainage or skin irritation, bend your leg, and reapply after a few minutes.
5. If your doctor prescribed a shrinker, wear it at all times even when the protector is off.
6. Do not put any weight on your limb unless instructed by your doctor.

MANAGING PAIN

Some pain after amputation is normal. Your AmpuShield® should fit comfortably and not cause more pain. If your limb becomes very hot or your wound is throbbing or painful, tell your nurse or doctor.

CLEANING INSTRUCTIONS



- Wipe down protector using a soft cloth or sponge with alcohol or soap and water (do not submerge in water). Dry completely before wearing.
- Wash the distal pad with soap and water, then squeeze to remove any excess water. This pad may be placed in plastic during wear.

SKIN CARE

Contact your doctor, nurse, prosthetist, or therapist with any concerns about pain, bleeding, skin problems, or the use of this device.



- Inspect your limb each day. Tell your nurse or doctor if you see blisters, sores, ulcers, pimples, or scars.
- Keep your limb clean and apply a clean sock daily. Massage your limb regularly as instructed.
- Avoid lotions and alcohol-based cleaners. Do not shave your limb or remove any scabs.
- Keep gauze dressing on your surgical wound at all times until fully healed.

Your next appointment is on: _____ Your Prosthetist: _____

Clinic Address: _____ Phone: _____

As you go through this journey, remember you are not alone. Your clinician is available to answer your questions and support you in any way they can.

➔ Visit HangerClinic.com/AmpuShield to learn more.



WATCH THE
INSTRUCTIONAL
VIDEO

