



POST-OPERATIVE
AMPUTATION CARE

Donning a Prosthetic Shrinker



At Hanger Clinic, we are here to
provide support and education
to help move life forward.

Step One

To start, gather your supplies. You will need a donning can and appropriate size prosthetic shrinker. The shrinker should be right side out, with sewed end on the outside.



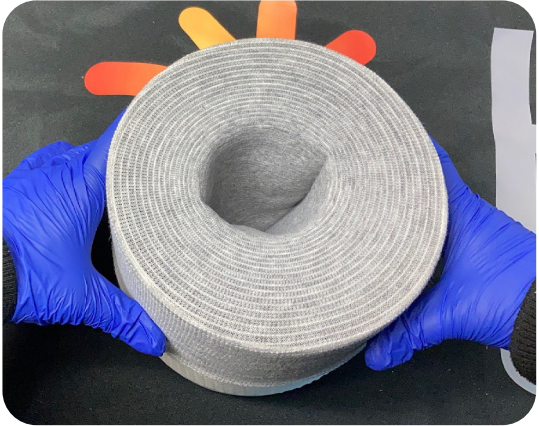
Step Two

Place the shrinker inside the donning can with the closed end at the inside base of the donning can, and the silicone band and opening of shrinker at the top of the donning can.



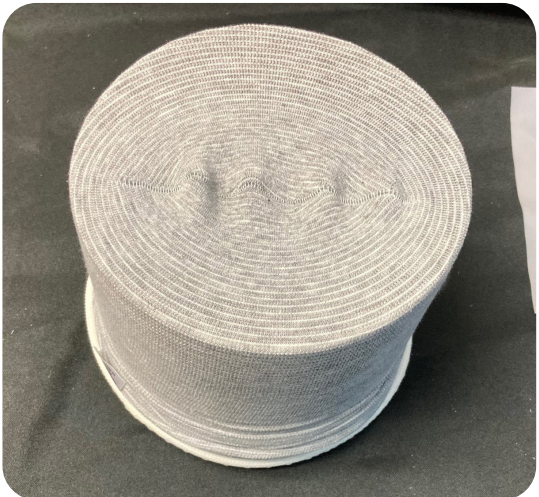
Step Three

Reflect or stretch the shrinker over the donning can, stretching the silicone band around the outside of the donning can and down to the base of the donning can. The silicone band should be facing outwards, away from the can.



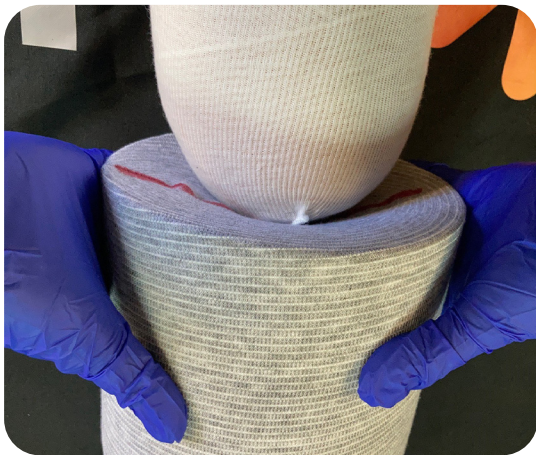
Step Four

Remove all wrinkles by ensuring the shrinker is stretched all the way down to the base of the donning can. It may be helpful to push the donning can against a flat, hard surface.



Step Five

Apply the shrinker to the distal end of your residual limb. Make sure there is no empty space between the limb and the shrinker and that there are no wrinkles in the bottom of the shrinker. Any wrinkles or gaps will result in uneven compression of your limb.



Step Six

Carefully reflect or stretch the shrinker onto your residual limb.



Step Seven

Now that the shrinker is completely applied to the residual limb, ensure once again there are no wrinkles in the shrinker.



Step Eight

If applicable, don prosthetic socks and the rigid protector.



The Hanger Clinic Difference

At Hanger Clinic, we care for our patients like family, working together to deliver the best possible orthotic and prosthetic outcomes.

With hundreds of locations across the country, we create customized prosthetic and bracing solutions for people of all ages, designed to increase the mobility and function of each person we serve.

Our commitment is to listen you, get to know you as a person, and do everything we can to help you achieve your potential.



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