# **Peer Support & Education**

When you are new to living with limb loss, feeling lost and alone is very understandable. In the beginning, most people have more questions than answers, more uncertainty than hope. That's why it can help to speak to someone who knows what you are going through. Together, you can share your challenges and fears; and find real solutions, hope, and new possibilities.



# AMPOWER® PEER SUPPORT

AMPOWER consists of a nationwide network of trained peer mentors who have successfully recovered and rehabilitated following an amputation. Mentors are available to speak faceto-face, over the phone, online, and through e-mail.



# PATIENT EDUCATION CLINICS

Clinics across the nation engage with their communities by hosting free educational and peer support events. These exciting events offer the opportunity to meet local experts, learn from nationally-recognized specialists, and are open to anyone who has a concern or challenge with their prosthetic or orthotic device.







HangerClinic.com/Events





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For more resources on adjusting to life with limb loss, scan the code or visit HangerClinic.com/LimbLoss.



#### **EMPOWERFEST**

With opportunities to learn from world-class prosthetists and peers thriving with prosthetic technology, EmpowerFest is packed with exciting activities and education, with the most rewarding takeaway being the connections made with others in the limb loss/limb difference community.



#### HangerClinic.com/Empowerfest



# BILATERAL ABOVE-KNEE BOOTCAMP

This challenging and rewarding threeday event helps to strengthen the daily activities and abilities of bilateral above-knee limb loss participants while providing peer support opportunities.



# HangerClinic.com/Bootcamp

"Every time a connection is made between people who really understand what each other is going through or has gone through, we become stronger, wiser, more aware, and more empowered to see that our extremities do not define our potential."

-Carrie Davis, Vice President of Patient & Employee Experience at Hanger Clinic



