

Roles of Your Healthcare Team Explained

There are many professionals who want to help you succeed. Here is an overview of who they are and what they do.



DOCTOR (PHYSICIAN)

Your doctor will direct your rehabilitation program and help connect you with other professionals.



PHYSICAL THERAPIST (PT)

Your PT will develop an exercise program to help you get stronger, improve your balance, and learn how to use your prosthesis.



OCCUPATIONAL THERAPIST (OT)

Your OT will help you perform daily activities, which may include fitting you with a wheelchair and coordinating modifications to your home and vehicle.



PROSTHETIST

Your prosthetist will design and build your prosthesis, help you learn to use it, and provide repair and maintenance when needed.

Your team may also include:



SOCIAL WORKER

A social worker may help you address financial concerns, assist with insurance, and arrange where you go when you leave the hospital.



MENTAL HEALTH PROVIDER OR REHABILITATION COUNSELOR

These individuals can help you process and deal with the emotional challenges of limb loss.

Note: If you are diabetic, your healthcare team is likely to include a podiatrist for specialized foot care, a diabetes educator to help manage your condition, and a dietitian to create a personal nutrition plan.



For more resources on adjusting to life with limb loss, scan the code or visit HangerClinic.com/LimbLoss.

 Hanger Clinic **EmpoweredCare**

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