



Ankle Foot Orthoses: Patient Evaluation and Design Criteria

COURSE SYLLABUS

COURSE DATE

LOCATION

TIME

COURSE PRESENTER & CREDENTIALS

COURSE SUMMARY

This one hour introductory level course for PT/PTA, OT/OTA, RN, Case Managers and other health care professionals provides an introduction to lower extremity orthotic treatment programs. AFO's have evolved from a two-dimensional linear approach to a three-dimensional volumetric approach with the use of various thermoplastics. This presentation presents a variety of topics for discussion, leading the participants through the entire orthotic treatment program. The goal is to promote a multi-disciplinary approach to patients in need of lower limb orthotic rehabilitation programs.

OBJECTIVES

Upon completion of this program, the participant will be able to:

1. Describe the aspects of the patient evaluation process that are essential for designing an appropriate orthosis to meet the patient's structural and functional needs;
2. Compare and contrast the indications and contraindications for prefabricated, custom-fit and custom designed AFOs;
3. Identify aspects of foot, ankle and knee alignment/functions that are necessary in the development of a specific prescription recommendation for an AFO for an individual;
4. Identify various components and materials used in the fabrication of AFOs;
5. Compare and contrast the clinical indications for various AFO design;
6. Explain the process of proper AFO fitting and regular follow-up for maintenance of proper device functioning; and
7. Identify important therapy training concepts that are necessary to achieve long term goals and positive outcomes for an individual utilizing an AFO.

COURSE OUTLINE

1. Sign In
2. Pre-test (if required)
3. Lecture (60 minutes)
 - Patient Educational Process
 - Prefabricated, Custom-Fit and Custom Designs
 - Components and Materials
 - Orthotic Fitting and Follow-Up
 - Therapy Training Concepts
 - Long-Term Outcomes/Goals
 - Questions and Answers
4. Post-test (if required)
5. Course Evaluation (online) & Sign Out

CONTINUING EDUCATION REQUIREMENTS

In-Person Sessions: All attendees are required to attend the entire session, sign-in at the beginning and at the end of the course.

Webinar Sessions: All attendees are required to attend the entire session, and complete a credit request form and evaluation following the session. Throughout the presentation learning outcomes will be assessed through instructor interaction and attendee's participation through Q & A.

Credits Available:

PT, OT, RN, CM: 1.0 contact hours/credits (visit the course page for information on accrediting bodies)

Physicians: None Available; Course Completion Certificate offered only

SPECIAL REQUESTS

Hanger Clinic strives to make our learning environments fully accessible and want to provide our guests with an opportunity to identify special needs in advance of the course. Please contact your course coordinator.

PLEASE NOTE: If course tuition is required, see the course flyer for the policy on fees and cancellation charges. If Hanger cancels for any reason, a full refund of the course tuition paid to Hanger will be given.

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